

## Rekordliste mAK

Alter Strecke	AK 6	AK 7	AK 8	AK 9	AK 10	AK 11	AK 12	AK 13	AK 14	AK 15	AK 16	AK 17	AK 18	AK 19
50 S				von der Geest, Morten 00:53,37	de Haas, Jasper Arne 00:43,22	Sievers, Malte 00:43,13	Jahn, Cornelius 00:37,33	Jahn, Cornelius 00:32,52	Jahn, Cornelius 00:29,01	Jahn, Cornelius 00:27,41	Jahn, Cornelius 00:26,09	Grau, Johannes 00:27,61	Raddatz, Marco 00:27,94	Pieper, Fabian 00:27,39
100 S						von der Geest, Torge 01:45,75	Jahn, Cornelius 01:31,03	Jahn, Cornelius 01:11,84	Jahn, Cornelius 01:05,79	Jahn, Cornelius 01:03,47	Jahn, Cornelius 00:57,31	Pieper, Fabian 01:03,91	Sievers, Lennart 01:01,31	Sievers, Lennart 00:59,20
200 S							von der Geest, Torge 03:55,88	Mach, Sebastian 03:03,26	Käfer, Ole 03:25,31	Jahn, Cornelius 02:28,35	Jahn, Cornelius 02:25,28	Valentin, Nico 02:31,06	Sievers, Lennart 02:15,70	Sievers, Lennart 02:11,68
50 R	Baatz, Moritz 01:51,63	Jänichen, Leif 01:04,87	Hauer, Jan-Philipp 00:53,28	von der Geest, Morten 00:46,50	von der Geest, Morten 00:41,58	Peters, Leif 00:40,40	Mach, Janek 00:34,08	Jahn, Cornelius 00:31,26	Jahn, Cornelius 00:29,86	Jahn, Cornelius 00:28,50	Jahn, Cornelius 00:25,98	Raddatz, Marco 00:28,66	Raddatz, Marco 00:28,66	Raddatz, Marco 00:29,46
100 R			Mußtopf, Christian 02:39,35	von der Geest, Morten 01:44,67	Mach, Alexander 01:38,09	Peters, Leif 01:27,64	Jahn, Cornelius 01:14,35	Jahn, Cornelius 01:08,66	Jahn, Cornelius 01:01,79	Jahn, Cornelius 01:01,03	Jahn, Cornelius 00:56,04	Raddatz, Marco 01:04,66	Raddatz, Marco 01:04,66	Hermann, Steffen 01:10,64
200 R					Mach, Janek 03:44,51	Peters, Leif 03:08,60	Peters, Leif 02:53,44	Jahn, Cornelius 02:28,73	Jahn, Cornelius 02:16,67	Jahn, Cornelius 02:12,14	Jahn, Cornelius 02:04,82	Erbe, Jan Hendrik 02:27,31	Raddatz, Marco 02:34,92	Valentin, Marco 02:22,51
50 B	Baatz, Moritz 01:57,35	Kyas, Jakob 01:06,58	Zentawer, Luca 00:57,31	Chismatullin, Emil 00:50,03	Justus, Niklas Benedikt 00:47,39	Justus, Niklas Benedikt 00:45,93	Justus, Niklas Benedikt 00:42,78	Peters, Leif 00:40,82	Töwe, Hannes 00:37,28	Sanft, David 00:35,10	Bock, Sebastian 00:35,02	Raddatz, Marco 00:32,75	Raddatz, Marco 00:32,40	Valentin, Marco 00:32,58
100 B			Zentawer, Luca 02:25,29	Kyas, Jakob 01:59,96	Justus, Niklas Benedikt 01:48,68	Justus, Niklas Benedikt 01:40,54	Justus, Niklas Benedikt 01:34,32	Töwe, Hannes 01:26,19	Sanft, David 01:18,08	Sanft, David 01:16,18	Pieper, Fabian 01:18,45	Raddatz, Marco 01:12,87	Raddatz, Marco 01:12,87	Valentin, Marco 01:12,24
200 B				Kyas, David 04:31,06	Kyas, Johannes 04:01,66	Justus, Niklas Benedikt 03:34,28	Peters, Leif 03:24,58	Töwe, Hannes 03:08,79	Sanft, David 02:54,27	Sanft, David 02:51,62	von der Geest, Torge 02:58,15	Pieper, Fabian 02:49,09	Ruthenberg, Markus 02:47,99	Valentin, Marco 02:34,56
50 F		Rumlich, Lasse Kyas, Jakob 01:07,81	de Haas, Jasper Arne 00:43,09	Peters, Leif 00:41,48	Justus, Niklas Benedikt 00:38,25	Justus, Niklas Benedikt 00:35,34	Skelte, Mika David 00:31,88	Jahn, Cornelius 00:28,68	Jahn, Cornelius 00:26,81	Jahn, Cornelius 00:25,48	Jahn, Cornelius 00:24,35	Raddatz, Marco 00:25,13	Raddatz, Marco 00:25,13	Raddatz, Marco 00:24,80
100 F			Kyas, Jakob 02:10,63	Mach, Alexander 01:33,60	Mach, Alexander 01:22,58	Mach, Janek 01:17,77	Skelte, Mika David 01:10,66	Jahn, Cornelius 01:02,60	Jahn, Cornelius 00:57,53	Jahn, Cornelius 00:55,48	Jahn, Cornelius 00:53,51	Raddatz, Marco 00:54,37	Raddatz, Marco 00:54,37	Sievers, Lennart 00:55,71
200 F				Stähr, Vincent Thies 03:46,97	Mach, Alexander 03:02,62	Peters, Leif 02:56,76	Skelte, Mika David 02:29,92	Skelte, Mika David 02:28,07	Jahn, Cornelius 02:06,67	Jahn, Cornelius 02:03,85	Jahn, Cornelius 02:03,95	Raddatz, Marco 02:01,33	Raddatz, Marco 02:00,11	Valentin, Marco 02:02,28
400 F					Mach, Janek 06:41,42	Skelte, Mika David 06:11,99*	Skelte, Mika David 05:19,95	Skelte, Mika David 05:13,45	Töwe, Hannes 05:09,72	Skelte, Mika David 04:47,24	Herre, Alec 04:37,98	Erbe, Jan Hendrik 04:40,47	Käfer, Ole 04:38,56	Sievers, Lennart 04:17,81
800 F					D'outrelepont, Yannik 14:32,46	Skelte, Mika David 12:30,71	Skelte, Mika David 10:28,59	Jahn, Cornelius 09:54,21	Jahn, Cornelius 09:29,73	Jahn, Cornelius 09:32,39	Jahn, Cornelius 09:27,05	Käfer, Ole 10:17,10	Valentin, Nico 10:03,29	Sievers, Lennart 09:32,41
1500 F							Morell, Macius 23:42,51	Skelte, Mika David 20:10,38	Jahn, Cornelius 19:10,12	Jahn, Cornelius 17:26,30	Jahn, Cornelius 17:32,10	Pieper, Fabian 17:54,59	Sievers, Lennart 18:03,87	Sievers, Lennart 17:34,31
100 L			de Haas, Jasper Arne 01:58,72	Hauer, Jan- Philipp 01:48,47		Mach, Janek 01:33,24	Mach, Janek 01:24,19	Jahn, Cornelius 01:12,17	Jahn, Cornelius 01:08,20	Jahn, Cornelius 01:05,50	Jahn, Cornelius 01:01,83	Raddatz, Marco 01:05,34	Raddatz, Marco 01:05,34	Valentin, Marco 01:03,44
200 L						Peters, Leif 03:22,75	Skelte, Mika David 02:52,70	Skelte, Mika David 02:43,94	Jahn, Cornelius 02:27,96	Jahn, Cornelius 02:22,12	Jahn, Cornelius 02:20,69	Raddatz, Marco 02:18,46	Raddatz, Marco 02:18,46	Valentin, Marco 02:17,37
400 L						Peters, Leif 07:00,42	Skelte, Mika David 05:54,69	Skelte, Mika David 05:35,43	Jahn, Cornelius 05:28,34	Jahn, Cornelius 04:59,74	Jahn, Cornelius 04:54,96	Pieper, Fabian 05:24,04	Sievers, Lennart 05:05,18	Raddatz, Marco 05:03,44

## Rekordliste mAK

Alter Strecke	AK 20	AK 25	AK 30	AK 35	AK 40	AK 45	AK 50	AK 55	AK 60	AK 65	AK 70	AK 75	offen
50 S	Sievers, Lennart 00:27,56				Ullrich, Jörg 00:31,84	Telgmann, Bernhard 00:32,87	Telgmann, Bernhard 00:33,87				Finke, Dieter 00:53,44		<b>Jahn, Cornelius</b> <b>00:26,09</b>
100 S	Sievers, Lennart 00:59,59		Lehsten, Dirk 01:04,90										<b>Jahn, Cornelius</b> <b>00:57,31</b>
200 S	Sievers, Lennart 02:12,47	Werner, Jan-Ole 02:30,94											<b>Sievers, Lennart</b> <b>02:11,68</b>
50 R	Hermann, Steffen 00:31,60				Einnolf, Lars 00:37,60	Telgmann, Bernhard 00:35,48	Einnolf, Lars 00:38,03			Silberbauer, Claus 00:48,06		Kasten, Wolfgang 00:48,06	<b>Jahn, Cornelius</b> <b>00:25,98</b>
100 R	Raddatz, Marco 01:06,97												<b>Jahn, Cornelius</b> <b>00:56,04</b>
200 R	Haering, Manuel 02:23,58												<b>Jahn, Cornelius</b> <b>02:04,82</b>
50 B	Valentin, Marco 00:32,41				Ullrich, Jörg 00:34,32	Telgmann, Bernhard 00:38,34	Telgmann, Bernhard 00:40,21			Silberbauer, Claus 00:46,47	Knaack, Walter 00:49,12		<b>Raddatz, Marco</b> <b>00:32,40</b>
100 B	Valentin, Marco 01:12,26												<b>Valentin, Marco</b> <b>01:12,24</b>
200 B	Valentin, Marco 02:37,68												<b>Valentin, Marco</b> <b>02:34,56</b>
50 F	Valentin, Marco 00:25,72				Ullrich, Jörg 00:28,12	Telgmann, Bernhard 00:27,81	Telgmann, Bernhard 00:29,17			Silberbauer, Claus 00:36,88	Linde, Gernot 00:40,76	Kasten, Wolfgang 00:44,10	<b>Jahn, Cornelius</b> <b>00:24,35</b>
100 F	Raddatz, Marco 00:55,96					Telgmann, Bernhard 01:04,82							<b>Jahn, Cornelius</b> <b>00:53,51</b>
200 F	Sievers, Lennart 02:02,01												<b>Raddatz, Marco</b> <b>02:00,11</b>
400 F	Sievers, Lennart 04:20,01												<b>Sievers, Lennart</b> <b>04:17,81</b>
800 F	Sievers, Lennart 08:54,75		Lehsten, Dirk 09:44,68										<b>Sievers, Lennart</b> <b>08:54,75</b>
1500 F	Sievers, Lennart 16:53,89		Lehsten, Dirk 18:30,46				Herre, Jan 20:36,07						<b>Sievers, Lennart</b> <b>16:53,89</b>
100 L	Raddatz, Marco 01:04,22				Ullrich, Jörg 01:10,88	Telgmann, Bernhard 01:13,54	Telgmann, Bernhard 01:19,94			Silberbauer, Claus 01:40,69			<b>Jahn, Cornelius</b> <b>01:01,83</b>
200 L	Valentin, Marco 02:21,97					Telgmann, Bernhard 02:54,43							<b>Valentin, Marco</b> <b>02:17,37</b>
400 L	Valentin, Marco 05:01,22												<b>Jahn, Cornelius</b> <b>04:54,96</b>